



THALES DE MILETO

The following is a sample of our daily routine. Teachers may make adjustments based on the children's needs, classroom activities, special events, or seasonal changes.

TIME	ACTIVITY	PURPOSE
7:30–8:00 AM	Arrival, Greetings & Discovery Centers	Warm welcome, smooth transitions, relationship-building, and independent exploration.
8:00–8:30 AM	Creative Expression	Painting, coloring, drawing, playdough, and crafts support imagination, sensory discovery, and fine-motor development.
8:30–9:00 AM	Language & Culture	Stories, music, movement, rhymes, languages, and traditions build communication and cultural awareness.
9:00–9:30 AM	Practical Life Skills & Morning Snack	Handwashing, serving, independent eating, cleanup, communication, and a nutritious snack.
9:30–10:00 AM	Open-Air Learning & Free Play	Outdoor exploration supports gross-motor skills, curiosity, social interaction, imagination, and connection with nature.
10:00–10:30 AM	Holistic Movement & Gym Time	Dancing, action songs, obstacle courses, puppets, and games build coordination, balance, confidence, and body awareness.
10:30–11:00 AM	STEAM Exploration	Building, experimenting, observing, creating, and problem-solving introduce science, technology, engineering, art, and mathematics.
11:00–11:30 AM	Work Cycle I	Montessori-inspired learning supports concentration, independence, early academic skills, and discovery.
11:30 AM–12:00 PM	Morning Meeting	Greetings, songs, movement, calendar activities, conversation, and the day's learning focus.
12:00–12:30 PM	Practical Life Skills & Lunch	Lunch together builds independence, healthy habits, table manners, conversation, and responsibility.
12:30–12:40 PM	Story Time	Interactive stories, songs, and conversations develop listening, vocabulary, imagination, comprehension, and confidence.
12:40–2:40 PM	Rest & Nap Time	A peaceful rest period supports relaxation, healthy growth, and development; quiet activities are available for non-sleepers.
2:40–3:00 PM	Language Exploration	Read-alouds, songs, rhymes, picture discussions, and conversations strengthen vocabulary and oral language.
3:00–3:30 PM	Afternoon Snack	A healthy snack in a relaxed setting supports independence, conversation, and classroom routines.
3:30–4:30 PM	Work Cycle II	Reggio Emilia-inspired art, construction, dramatic play, puppetry, sensory experiences, and collaborative projects.
4:30–5:00 PM	Open-Air Learning	Outdoor play, nature exploration, social connection, and a relaxing end-of-day transition.
5:00–5:30 PM	Extended Care & Departure	Books, puzzles, drawing, quiet music, and table games support a warm and orderly departure.



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