

DAILY SCHEDULE

The following is a model of our daily schedule. Teacher might apply some modifications according to classroom needs or to better adjust to the season

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Time	Activity
	Arrival & Welcome Time
7:30 – 8:30 AM	A gentle start to the day where children feel safe and supported as
	they transition from home to school.
	Creative Expression
8:30 – 9:00 AM	Daily creative art activities like painting, coloring, writing, crafting,
	and playdough to develop fine motor skills and imagination.
9:00 – 9:30 AM	Skill of Life + Morning Snack
	Children practice hand washing and help with snack prep, fostering
	independence and hygiene routines.
	Open-Air Learning / Free Play
9:30 – 10:00 AM	Outdoor time that encourages physical movement, exploration, and
	social play in nature.
	Language, Culture & Holistic Education Includes French, cultural songs, physical obstacle courses, and
10:00 – 10:30 AM	pretend play—supporting global awareness and emotional
	STEAM Exploration
10:30 – 11:00 AM	Science or art-based activities that build curiosity, observation skills,
	and creativity.
	Work Cycle I
11:00 – 12:00 PM	Montessori-style learning block including circle time, hands-on
	exploration, and early academics.
	Lunch
12:00 – 12:30 PM	Time to eat together while practicing self-care, table manners, and
	social interaction.
	Story Time
12:30 – 12:40 PM	Children listen to and tell stories, building language, imagination, and
	confidence.
	Nap Time
12:40 – 2:40 PM	A restful period to help children recharge their energy in a calm, quiet
	environment.
	Language Exploration
2:40 – 3:00 PM	Fun with songs, stories, and playful language games to build
	vocabulary and communication.
	Afternoon Snack
3:00 – 3:30 PM	A calm moment to enjoy a healthy snack and build independence
	through routine.
	Work Cycle II
3:30 – 4:00 PM	Reggio Emilia-inspired time with art, crafts, and puppet play that
	encourages creativity and expression.
	Open-Air Learning
4:00 – 5:00 PM	More outdoor play to explore, relax, and connect with nature and
	friends.
	Extended Care
5:00 – 5:30 PM	Calm educational activities like books, puzzles, and music for children
	staying later.
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