



Discipline Policy

At Schola International we trust working with children's stimulating behaviour as an integral aspect of our job. The word discipline has, as its root meaning, "education" or "training." This meaning, rather than punishment, is the foundation for our approach to guiding children's behaviour.

We accept that young children will sometimes show their emotions or try to achieve their goals in unproductive or undeveloped ways. That is simply part of being very young. Much of children's most valuable learning, especially in a group setting, occurs during behavioural problem solving. The approaches we use vary by age group, but have the following elements in common:

All caregivers are required to use "positive discipline" with each child. Positive discipline is an ongoing process of helping children to develop self-control for self-management while protecting and maintaining the integrity of the child.

When implementing "positive" discipline, all caregivers are required to do the following:

- The caregiver must communicate to children using positive statements.
- The caregiver will encourage children, with adult guidance and support, to use their own words and solutions to resolve their own interpersonal conflicts.
- The caregiver will communicate with children by getting down to their eye level, and talking to them in a calm, quiet manner about what behaviour is expected.
- If the behaviour problems persist, the caregiver will initiate one or both of the following steps:

The child may be redirected to another activity.

For children aged three (3) and older, a "quiet-thinking time" may be initiated within the classroom area. Quiet-Thinking Time will never exceed one (1) minute per age of the child. After the child has had time to quietly think about the situation, the caregiver will engage in a positive conversation, including problem solving, with the child. The caregiver will warmly welcome the child back into the group, coupled with a "positive statement" about the expectations of the child.

Schola International employees are never permitted to use any form of negative discipline, including corporal punishment in any manner upon a child's body, and including punishment that would result in any measure of physical discomfort, cruel, harsh, humiliating, or frightening methods of discipline (including threatening the use of physical punishment), isolation in a locked or dark room, or yelling, abusive, or profane language. Further, caregivers will not associate disciplinary action or rewards with rest, food, or toileting.



Your child's lead caregiver and/or supervisor will maintain ongoing communication with you regarding all aspects of your child's care, including behaviour expectations.

Schola International caregivers are trained to recognize each child as an individual whose personal privacy, choice of activities, and cultural, ethnic, and religious backgrounds are respected. Our curriculum and adult's interaction are responsive to individual differences in ability and interests. Our goal is to design interactions and activities to develop children's positive feelings toward learning. Our caregivers will provide your child with many opportunities to develop social skills, such as cooperating, helping, negotiating, and talking with others to solve interpersonal conflicts. We strive to help each child develop and maintain the following:

- Being responsible for yourself
- Respecting the rights of others
- Respecting the property of others
- Being in the appropriate place at the appropriate time
- Using appropriate language

As a teacher at Schola International I will follow the above procedures with students.

Signature